Standard hand disinfection according to DIN EN 1500 : 2017-10

Step 1
Apply product.
Rub hands palm to palm.

Step 2
Right palm over left dorsum; then left palm over right dorsum.

Step 3
Palm to palm, with fingers interlaced.

Step 4
Back of fingers to opposing palms, with fingers interlocked.

Step 5
Rotational rubbing of right thumb clasped in left palm; and vice versa.

Step 6
Rotational rubbing, backwards and forwards, with clasped fingers of left hand in right palm; and vice versa.

Rub with each wrist clasped in the opposite hand.

Rotational rubbing of right thumb on fingernails of the left hand and vice versa.

* Also recommended by KIEHL